



McLean High School

Class of 2024 Senior Parent Night

Thursday, August 24, 2023

McLean HS Student Services

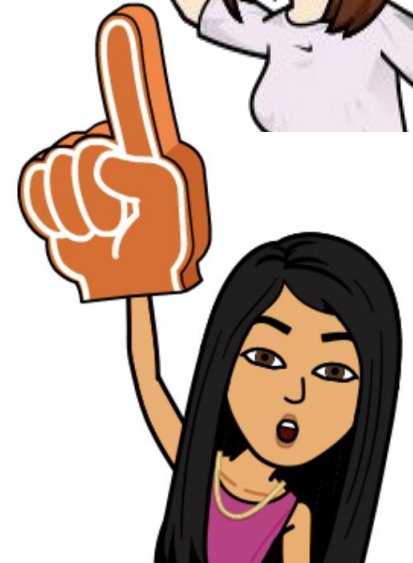


Student

Services



hi



Counselor Contacts

Student Last Name	Counselor	Phone	Email
College & Career Specialist	Mary Barnes	703-714-5755	mkbarnes@fcps.edu
A - Bo	Amber Simpkins	703-714-5754	acsimpkins1@fcps.edu
Br-Di	Jennifer Fernandez	703-714-5750	jcfernandez1@fcps.edu
Dj-Har	Kathleen Otal	703-714-5745	kjotal@fcps.edu
Has-Ka	Sammie Cooper	703-714-5746	sacooper@fcps.edu
Kc-Mah	Maddie Murphy-Nielson	703-714-5766	mcmurphyneil@fcps.edu
Maj-Op	Tara Lodwig	703-714-5747	talodwig@fcps.edu
Or-San	John Allman	703-714-5751	jcallman1@fcps.edu
Sar-Th	Patty McNeill	703-714-5748	pdmcneill@fcps.edu
Ti-Z	Lisa Handy	703-714-5749	lmhandy@fcps.edu

Tonight's ppt will be posted on the MHS website -> Student Services -> Programs and Presentations.

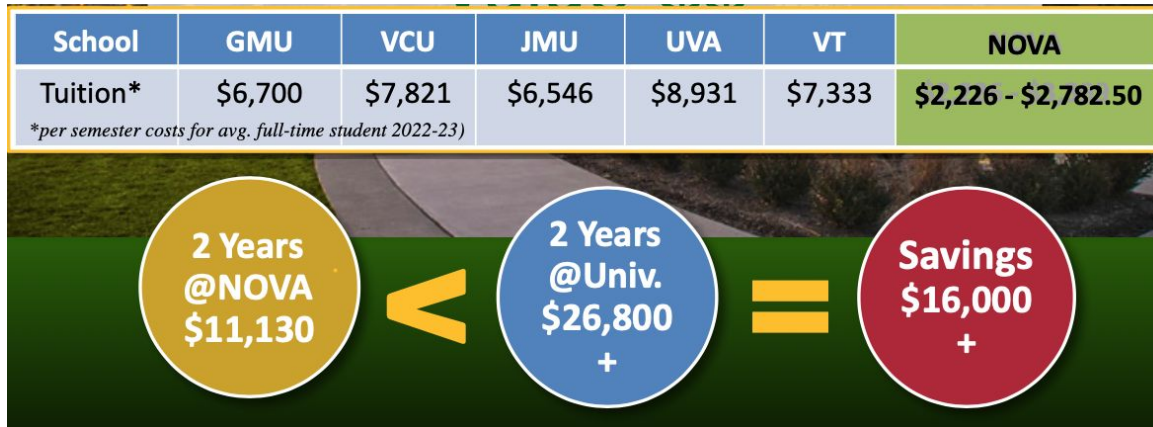
Post High School Options

- Four Year College - 85%
- Two Year College - 9%
- Remaining 6%
 - Professional Technical Schools
 - Apprenticeships
 - Entrepreneurial Opportunities
 - GAP year
 - Military Options

Two Year College: nvcc.edu

- Largest pub ed institute in VA - 70K+ students on 7 campuses
- 120 associate degrees plus certificate & Career programs
- Open admission
- Guaranteed Transfer/Articulation Agreements
- NOVA Advance (partnership with GMU)

+ Scholarships



Tom Hanks, Steve Jobs, George Lusa, Walt Disney, Eileen Collins & Jim Lehrer all started at a community college.

NOVA Transfers 2021

Top 5 Public Universities

GMU:	3,500
VT:	1,350
JMU:	1,031
VCU:	954
UVA:	560

Top 5 Private Universities

Liberty:	206
GWU:	165
Marymount:	162
Shenandoah U:	85

Applying to 4 Year Colleges

- Affirmative Action decision
 - Colleges want diverse, vibrant campus communities
 - If your background/ethnicity is important to you, be clear in your application - ESSAY!
 - Don't self select out/be an ally
 - Check box on CA is still there but not visible to the college
- Momentum to discontinue legacy programs but still in place for many highly selectives
- Artificial Intelligence (AI)
- FAFSA (FREE Application for Federal Student Aid) Delayed Oct > Dec

Paying for College

- Have a direct conversation NOW
- College Access Fairfax Workshops & Scholarships www.collegeaccessfairfax.org
- Financial Aid Applications:<https://studentaid.gov/h/apply-for-aid/fafsa>
 - FAFSA - <https://studentaid.gov/h/apply-for-aid/fafsa>
 - VASA - Virginia Alternative State Aid
<https://www.schev.edu/financial-aid/financial-aid/federal-state-financial-aid/vasa>
 - CSS Profile (College Scholarship Service) (pay to submit it, required by certain universities, UVA, W&M, U of Richmond, W&L)
- Merit scholarships through universities - lots of \$\$\$\$
- Academic Common Market -
<https://www.schev.edu/financial-aid/academic-common-market>
- Scholarships - Weekly emails, Naviance - LOTS OF \$\$ LEFT ON THE TABLE

Don't wait until you get in to college to figure out how to pay for college

Building a List

- **BALANCE**

- **Reach/Target/~~Safety~~**
 - Can you see yourself on that campus?
- **Use strong academic performance for \$\$\$ and not just ivies**
 - R1 Universities & Merit Scholarships
 - Honor colleges
- **6-8 ideally, 10-12 realistic**
- **Look beyond the top 50 applied**

- **RESOURCES**

- **Naviance**
- **Common Data Set** - testing & importance of various admission factors
- **College Scorecard - ROI**
- **Commonapp.com/explore** - search 1,000 participating colleges
- **Bigfuture.collegeboard.org** - take quizzes

MHS Top 50 Applied

"It's easier to apply but not easier to be accepted." UofSC rep

College	Net Applied	2022 Net Applied
University of Virginia-Main	253	222
Virginia Tech	240	209
James Madison University	184	147
George Mason University	166	154
Pennsylvania State University- Main	129	86
William & Mary	116	121
Virginia Commonwealth University	108	92
University of Maryland-College Park	92	56
Northern Virginia Community College	80	65
University of Pittsburgh- Main	80	51
University of Michigan-Ann Arbor	78	65
Northeastern University	64	49
Purdue University-Main Campus	57	30
University of Illinois at Urbana-Champ	51	16
New York University	49	52
Christopher Newport University	47	45
Cornell University	47	67
Boston University	46	45
Brown University	46	49
Duke University	46	35
Georgia Institute of Technology-Main	46	30
University of Pennsylvania	46	52
The U of North Carolina at Chapel Hill	44	31
Clemson University	43	33
University of Southern California	42	25

The George Washington University	41	29
Georgetown University	40	35
University of Delaware	38	20
Indiana University-Bloomington	37	22
University of Mary Washington	37	24
Ohio State University-Main Campus	37	21
University of California-Berkeley	36	40
Northwestern University	36	29
University of California-Los Angeles	34	38
Johns Hopkins University	34	40
Vanderbilt University	34	36
University of Wisconsin-Madison	34	22
Harvard University	32	32
Emory University	31	24
University of Florida	31	25
University of Georgia	30	18
Old Dominion University	29	26
Carnegie Mellon University	28	38
University of South Carolina- Main	28	21
The University of Tennessee-Knoxville	28	18
Florida State University	25	10
Michigan State University	25	12
North Carolina State University Main	25	16
Yale University	25	30
Columbia University - NYC	24	38

Common Data Set

C5				
Distribution of high school units required and/or recommended. Specify the distribution of academic high school course units required and/or recommended of all or most degree-seeking students using Carnegie units (one unit equals one year of study or its equivalent). If you use a different system for calculating units, please convert.				
	Units Required	Units Recommended		
Total academic units	16	19		
English	4	4		
Mathematics	4	4		
Science	2	4		
Of these, units that must be lab				
Foreign language	2	4		
Social studies	1	3		

C7. Relative Importance of Academic and Nonacademic Factors in First-time, First-year, Degree-seeking Admission Decisions

Academic Factors	Very Important	Important	Considered	Not Considered
Rigor of secondary school record	✓			
Class rank	✓			
Academic GPA	✓			
Standardized test scores		✓		
Application Essay		✓		
Recommendation(s)	✓			

Non-Academic Factors	Very Important	Important	Considered	Not Considered
Interview				✓
Extracurricular activities		✓		
Talent/ability		✓		
Character/personal qualities	✓			
First Generation			✓	
Alumni/ae relation			✓	
Geographical residence			✓	
State residency	✓			
Religious affiliation/commitment				✓
Racial/ethnic status			✓	
Volunteer work			✓	
Work experience			✓	
Level of applicant's interest				✓

SAT/ACT Scores by Percentile

Test	25th Percentile	75th Percentile
SAT Composite	1330	1490

WAITING LIST	TOTAL
Number of qualified applicants offered a place on waiting list:	8690
Number accepting a place on the waiting list:	4924
Number of wait-listed students admitted:	86

Google Common Data Set (school name) ex: University of Virginia

ROI for College

<p>LEXINGTON, VA ✓ Virginia Military Institute</p> <p>Year Public Town Small</p> <p>GRADUATION RATE ⓘ 79%</p> <p>AVERAGE ANNUAL COST ⓘ \$21k</p> <p>MEDIAN EARNINGS ⓘ \$77k</p> <p>View School</p>	<p>BLACKSBURG, VA ✓ Virginia Polytechnic Institute and State University</p> <p>Year Public City Large</p> <p>GRADUATION RATE ⓘ 85%</p> <p>AVERAGE ANNUAL COST ⓘ \$21k</p> <p>MEDIAN EARNINGS ⓘ \$78k</p> <p>View School</p>	<p>CHARLOTTESVILLE, VA ✓ University of Virginia-Main Campus</p> <p>Year Public SuburbanLarge</p> <p>GRADUATION RATE ⓘ 94%</p> <p>AVERAGE ANNUAL COST ⓘ \$21k</p> <p>MEDIAN EARNINGS ⓘ \$81k</p> <p>View School</p>	<p>HARRISONBURG, VA ✓ James Madison University</p> <p>Year Public City Large</p> <p>GRADUATION RATE ⓘ 84%</p> <p>AVERAGE ANNUAL COST ⓘ \$22k</p> <p>MEDIAN EARNINGS ⓘ \$65k</p> <p>View School</p>	<p>FAIRFAX, VA ✓ George Mason University</p> <p>Year Public SuburbanLarge</p> <p>GRADUATION RATE ⓘ 74%</p> <p>AVERAGE ANNUAL COST ⓘ \$19k</p> <p>MEDIAN EARNINGS ⓘ \$70k</p> <p>View School</p>	<p>WILLIAMSBURG, VA ✓ William & Mary</p> <p>Year Public SuburbanMedium</p> <p>GRADUATION RATE ⓘ 91%</p> <p>AVERAGE ANNUAL COST ⓘ \$19k</p> <p>MEDIAN EARNINGS ⓘ \$70k</p> <p>View School</p>
<p>NEWPORT NEWS, VA ✓ Christopher Newport University</p> <p>Year Public City Medium</p> <p>GRADUATION RATE ⓘ 75%</p> <p>AVERAGE ANNUAL COST ⓘ \$25k</p> <p>MEDIAN EARNINGS ⓘ \$57k</p> <p>View School</p>	<p>FREDERICKSBURG, VA ✓ University of Mary Washington</p> <p>Year Public SuburbanMedium</p> <p>GRADUATION RATE ⓘ 66%</p> <p>AVERAGE ANNUAL COST ⓘ \$23k</p> <p>MEDIAN EARNINGS ⓘ \$60k</p> <p>View School</p>	<p>RADFORD, VA ✓ Radford University</p> <p>Year Public SuburbanMedium</p> <p>GRADUATION RATE ⓘ 63%</p> <p>AVERAGE ANNUAL COST ⓘ \$17k</p> <p>MEDIAN EARNINGS ⓘ \$52k</p> <p>View School</p>	<p>NORFOLK, VA ✓ Old Dominion University</p> <p>Year Public City Large</p> <p>GRADUATION RATE ⓘ 57%</p> <p>AVERAGE ANNUAL COST ⓘ \$17k</p> <p>MEDIAN EARNINGS ⓘ \$53k</p> <p>View School</p>	<p>FARMVILLE, VA ✓ Longwood University</p> <p>Year Public Town Medium</p> <p>GRADUATION RATE ⓘ 68%</p> <p>AVERAGE ANNUAL COST ⓘ \$19k</p> <p>MEDIAN EARNINGS ⓘ \$49k</p> <p>View School</p>	<p>RICHMOND, VA ✓ Virginia Commonwealth University</p> <p>Year Public City Large</p> <p>GRADUATION RATE ⓘ 69%</p> <p>AVERAGE ANNUAL COST ⓘ \$19k</p> <p>MEDIAN EARNINGS ⓘ \$54k</p> <p>View School</p>

<https://collegescorecard.ed.gov>

Naviance

A web-based resource that supports academic, career, and college planning for middle and high school students

<https://www.fcps.edu/naviance>

Every student and their parent(s)/guardian(s) has an account

Parents access Naviance using their SIS credentials

Criteria Students Should Consider

- **Happiness:** MHS believes selectivity does not guarantee success and happiness. Only apply to schools you are excited about.
- **Size:** small, medium, large, does it also have a graduate school or a hospital, do students stay on campus all four years
- **Location:** urban, rural, suburban, how far it is from home, weather, culture fit
- **Rigor:** will you feel appropriately challenged, will this college cause you stress
- **Social:** does the vibe of the school excite you, will you enjoy the social offerings: sports, clubs, Greek life
- **Support:** does this college have what you're looking for in terms of academic support, financial support, and career support

Naviance Home Screen: Military

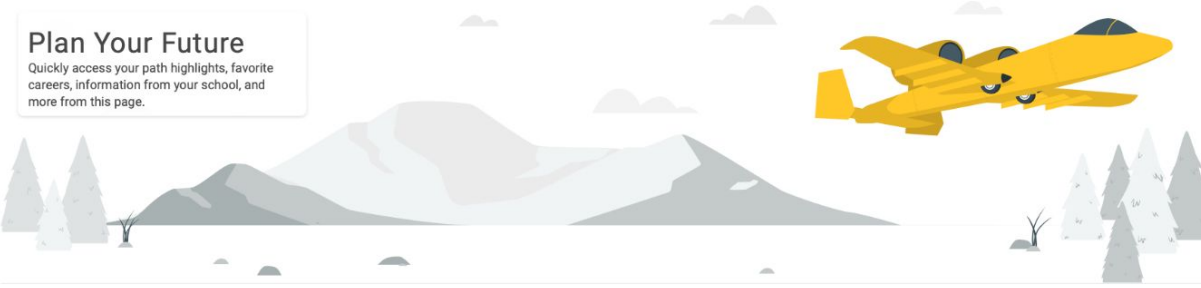
Naviance [Home](#) [Self-Discovery](#) [Courses](#) [Careers](#) [Colleges](#) [Planner](#) Demo EN Close Demo

Demo's Future Planning

[Military Service](#) [Edit Path](#)

Plan Your Future

Quickly access your path highlights, favorite careers, information from your school, and more from this page.



Welcome to Naviance

Welcome to Naviance Student. This online tool for students and parents will help guide academic and career choices. There are lots of opportunities for self-discovery and career exploration.

In Naviance Student you can link to useful websites, surveys, and many career and college topics. The more you use the resources in this program, the more you will benefit!


Ready to get started?

- Check if there are any [Tasks in your Academic and Career Plan](#) assigned to you that you need to complete.
- Take a self assessment in the [Self-Discovery](#) section.
- Explore the tool on your own!

[Read More](#)
[Additional Information from Your School](#)

Military Path Highlights

ASVAB




Prepare for the ASVAB.

Military Resources

- [Air Force](#)
- [Army](#)
- [Coast Guard](#)
- [Marine Corps](#)
- [Navy](#)
- [Space Force](#)

Favorite Military Branches




Explore and favorite military branches to learn the skills and knowledge needed to succeed in future military career goals.

[Favorite Military Branches](#)

Career Essentials


Important Skills



Explore and favorite careers to discover the skills you'll need to succeed.

[Explore and Favorite Careers](#)

Top Knowledge Sets



Explore and favorite careers to discover the knowledge areas you'll need to succeed.

[Explore and Favorite Careers](#)

Tasks from My School


Task Or To-Do	Priority	Date
<input checked="" type="checkbox"/> Complete Career Cluster Finder Reflection Task	None	07/15/24
<input checked="" type="checkbox"/> Complete Career Interest Profiler Task	None	07/15/24

[Go to My Planner](#)

What's New

- Virginia Tech will be visiting your school on Monday, September 11th, 2023 at 9:00 am [more info](#)
- Savannah College of Art & Design - SCAD will be visiting your school on Monday, September 11th, 2023 at 10:30 am [more info](#)
- Greensboro College will be visiting your school on Monday, September 11th, 2023 at 12:00 pm [more info](#)

[Display All](#)



Naviance Home Screen: Bachelors


Naviance [Home](#) [Self-Discovery](#) [Courses](#) [Careers](#) [Colleges](#) [Planner](#) Demo EN [Close Demo](#)

Demo's Future Planning

College: Bachelor's Degree [Edit Path](#)

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College Path Highlights


Search for a College

Colleges I'm Thinking About


Name	Interest	Delivery Type
Duke University	N/A	Common App
McGill University	N/A	Print Only
PennWest California	N/A	Common App
The University of Alabama	N/A	Common App
The University of North Carolina at Chapel Hill	N/A	Common App

[Go to Colleges I'm Thinking About](#)

Colleges I'm Applying To



Favorite Scholarships



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[Display All](#)



College Details & Scattergrams

Home Self-Discovery Courses Careers **Colleges** Planner

 The George Washington University
Washington, DC, United States
gwu.edu

[Virtual Tour](#) [Communicate](#) [Apply Online](#) [Learn More](#)

Overview Studies Student Life **Admissions** Costs Spotlights

NEXT DEADLINE
October 1
Spring 2024 term
Regular Decision Deadline
[See all deadlines](#)

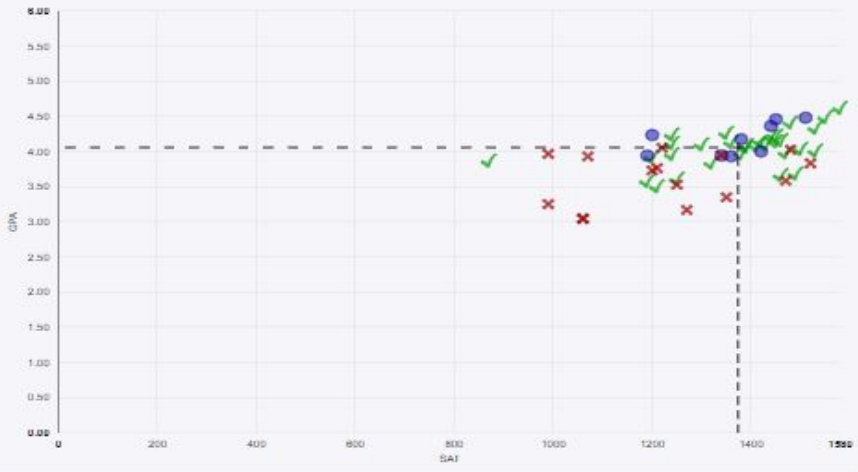
APPLICATION FEES
\$80
Freshman application

ACCEPTANCE RATE
41%
Check out Scattergrams to see how this relates to you
From 2023

IMPORTANT POLICIES
Competitive Admissions
Early Decision
Notify By Date
Registration By Appointment Only
Test Optional
Wait List

Scattergrams | Applications for McLean High School

Comparing Weighted GPA with SAT (1600)



Legend
You (blue dot)
Accepted (green checkmark)
Waitlisted/Accepted Waitlisted/Unknown (green dot)
Waitlisted/Denied (blue dot)
Denied (red X)

Click on legend icons or headers to hide each type or group in the scattergram. Double-click to reset zoom.

BALLPARK ONLY

College Deadline Types

- **Regular** - later deadlines & decisions
- **Rolling** - make decision as received
- **Early Decision** – binding commitment!!!
- **Early Action** - Nov 1, decisions early mid Feb
- **Restrictive Early Action** - apply to publics but not privates (Stanford)
- **Priority** - scholarship driven

Deferred - not ready to make a decision

Waitlisted - decision made, lots of qualified applicants

Suggested Timeline Worksheet



Suggested Application Timeline 2023 (1) .XLSX



Share

File Edit View Insert Format Data Tools Help

Search, navigation, and formatting toolbar including zoom (100%), currency, percentage, undo, redo, bold, italic, underline, text color, background color, fill, border, and other tools.

A1:Q1 COLLEGE APPLICATION WORKSHEET

COLLEGE APPLICATION WORKSHEET															
1. List Your Colleges on the left 2. Answer the 7 questions 3. Make a plan!															
COLLEGES APPLYING								SUGGESTED TIMELINES APPLICATION DEADLINES							
COLLEGE	App Deadline & Type	App Fee?	CA/COA/Direct App?	SRAR?	Self Report ACT/SAT or test optional?	LOR(S) teachers or counselor?	ESSAY(S)	LORs 1. email teacher request. 2. Make request in Naviance	Complete Student Insight Form	Submit Transcript Form	Complete Essays Week Ending	Complete Application Week Ending	Submit Test Scores via Collegeboard or ACT.org*	Submit Application	
GMU	11/1 EA	\$70	CA	No	Test Optional but can self report	1 teacher 1 counselor	Personal statement	Week of 9/12	Week of 9/26	Week of 9/26	Week of 10/10	Week of 10/17	N/A	Week of 10/2	
VT	12/1 EA	\$60	CA	Yes	Test Optional but can self report	N/A	4 short answer Ut Prosim Essays	N/A	Only submit once	Still submit for tracking purposes	Complete Ut Prosim Essays Week of 10/24	Complete supplemental section	N/A	Week of 11/8	
VCU	Rolling but Priority scholarship 11/15	\$70	CA	No	Submit test results thru CB	Yes, 1	CA Essay	Week of 9/12	Only submit once	Week of 9/27	Week of 10/24	Complete supplemental section	N/A	Week of 11/8	

Upcoming Opportunities

8/25 - 9/7: Senior Meetings with Counselors

9/5: How to apply to UK universities via UCAS - sign up via Naviance

9/6 - Deadline to register for SAT at McLean

9/7: After School Common App Workshop

9/8: Parent University

9/13: After School Essay Workshop

9/11-11/1: College Rep Visits (over 100 reps, US & Intl)

10/11: SAT Day at MHS

10/15: FCPS College Fair (Eagle Bank Arena)

11/28: Financial Aid Night (McLean & Langley)

Be sure to read the weekly SS Newsletter!

MHS College Application Process







- If you need a counselor letter of recommendation...
 - **Student/Parent Questionnaire** (due now!)
 - **Resume** or **Activity List**
 - **1 Teacher Comment Form** (Google Form)
 - Be sure your counselor knows you would like a letter AND when your deadlines are
- Some colleges do not want letters of recommendation (e.g. Virginia Tech)

MHS College Application Process

Students should add colleges to their list in **Naviance** to see the delivery method and deadlines:

colleges I'm thinking about

[+ add colleges to this list](#) | [compare me](#)

College	Delivery type	Added By	My Interest	Application Deadlines†			
				Early Decision	Early Action	Priority	Regular Decision
<input type="checkbox"/> American Univ		student	N/A <input type="text"/>	11/15	-	-	1/15
<input type="checkbox"/> Auburn Univ		student	N/A <input type="text"/>	-	10/1	-	1/15
<input type="checkbox"/> Baruch Coll		student	N/A <input type="text"/>	-	-	-	4/1
<input type="checkbox"/> U of Delaware		student	N/A <input type="text"/>	-	-	-	1/15
<input type="checkbox"/> George Mason Univ		student	N/A <input type="text"/>	-	11/1	-	1/15
<input type="checkbox"/> Longwood Univ		student	N/A <input type="text"/>	-	12/1	3/1	14/2

MHS College Application Process

- Students **Consent Form** to Ms. Blalock in Student Services. Questions? sdblalock@fcps.edu
- Google Form for transcript requests for both colleges and scholarships
- No fees for transcript requests for current students

Documents will be submitted by our office: transcript, secondary school report, school profile for MHS, FCPS profile, counselor recommendation letter (if requested)

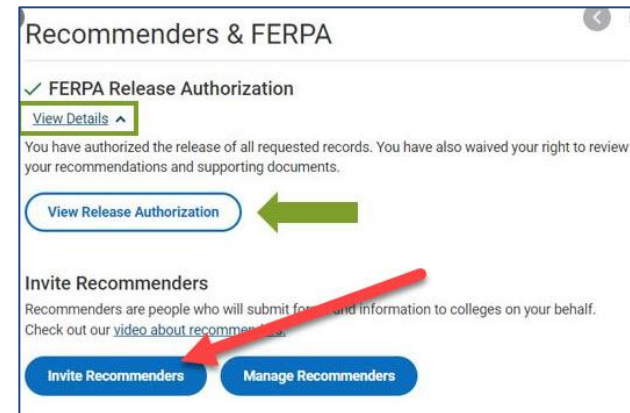
NCAA Information for Athletes

NCAA Eligibility Center for Division I and II athletes

- Discuss your possibilities with your coach
- Stay in contact with the college coaches
- Register with NCAA Eligibility Center and submit your transcript
- No standardized test scores required
- Complete the regular college admissions process—you still have to be admitted through the admissions office

College Application Teacher Recommendation Letter Process

- Students request from recommenders FIRST (email or in person).
- Then students request electronically (Common App, etc.).
- Finally students follow up with teachers to make sure they received the emailed invitation to upload.
- College requirements vary: Send only what is requested—counselor letter, teacher letter(s), other letters



MHS College Application Process

- Students are also responsible for the following...
 - Completing college applications and submitting to colleges along with application fees
 - Requesting official test scores online from SAT and/or ACT to be sent directly to colleges
 - Researching requirements and deadlines for institutional scholarships
 - Following up with college admissions offices to verify that applications are complete

MHS College Application Process

STUDENTS MUST ADHERE TO ALL DEADLINES

- Transcript request forms, counselor letter of recommendation forms, and teacher recommendation request forms are all due **at least 30 days prior to the college application deadline.**
- Deadlines are very important!
- Students should check their email every day.

How to Support Your Student

- Reminder: mental health and academics are priority
- Set up a protected time when you can discuss college (once a week, for example)
- Be mindful of “peer talk”
- Ask “How can I help support you?”
- Make sure your student gets questions answered by their counselor or Mrs. Barnes, not their peers
- Suggest a spreadsheet or other method of organization
- Remember - students are MORE than their GPAs and where they are applying to college

Questions?

Student Last Name	Counselor	Phone	Email
College & Career Specialist	Mary Barnes	703-714-5755	mkbarnes@fcps.edu
A - Bo	Amber Simpkins	703-714-5754	acsimpkins1@fcps.edu
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