

# MHS Freshman 101

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Helping Rising Freshmen Transition to McLean High School

Monday through Thursday, July 22- 25, 2019

8:30 a.m. - 12:00 p.m.

Theme: *Choose Your Own Adventure*

## The MHS Freshman 101 program...

- Includes fun and engaging sessions
- Tentative session topics include: note-taking and study skills, math and literacy skills, digital literacy, time management, organization, wellness, and high school life
- There will be icebreaker and team-building activities

## An exceptional value...

**There is no fee for the four-day Freshman 101 program.** Registration includes bus transportation from your neighborhood elementary school, all sessions, and daily snacks.

**To register**, please complete the [registration form](#) AND the [emergency care form](#) (you will need to scroll down to find it on this site). **Please mail or drop off your emergency care form no later than Friday, July 12 to:**

McLean High School  
Attn: Jeffrey Barham  
1633 Davidson Rd  
McLean, VA 22101

**Questions?** Contact Jeffrey Barham [jbarham@fcps.edu](mailto:jbarham@fcps.edu), Cara Mosley [clmosley@fcps.edu](mailto:clmosley@fcps.edu), or Nishi Langhorne [nmlanghorne@fcps.edu](mailto:nmlanghorne@fcps.edu)

